



*IronWorks: "TALKING BACK: Speaking truth to my dark thoughts "*

Oct. 11 & Oct. 16, 2019

Teacher: Roger Thompson

**Talking Back to Sloth**

*Go to the ant, O sluggard; consider her ways, and be wise.*

*Proverbs 6:6*

- Self-motivated
- Proactive
- Timely

What is laziness and why is it a problem?

- Carelessness: Prov. 24:33-34
- Chosen Blindness: Prov. 20:4
- Sabotage: Prov. 18:9
- Hurtful: Prov. 10:26

Why do I feel lazy?

---

**RECOGNIZE:** There is no such thing as unmotivated behavior.

- Negatively: Sloth has its motivation
- Laziness about manual work: physically lethargic
- Laziness about mental work: intellectually prideful
- Laziness about relational work: emotionally withdrawn
- Laziness about intentional planning: volitionally passive

- Positively: Margin has its motivation
- I've learned my limits.
- I am not interested.
- I am guarding my margin.
- I won't be distracted from my priorities



*IronWorks: "TALKING BACK: Speaking truth to my dark thoughts "*

Oct. 11 & Oct. 16, 2019

Teacher: Roger Thompson

**Talking Back to Sloth**

*Go to the ant, O sluggard; consider her ways, and be wise.*

*Proverbs 6:6*

- Self-motivated
- Proactive
- Timely

What is laziness and why is it a problem?

- Carelessness: Prov. 24:33-34
- Chosen Blindness: Prov. 20:4
- Sabotage: Prov. 18:9
- Hurtful: Prov. 10:26

Why do I feel lazy?

---

**RECOGNIZE:** There is no such thing as unmotivated behavior.

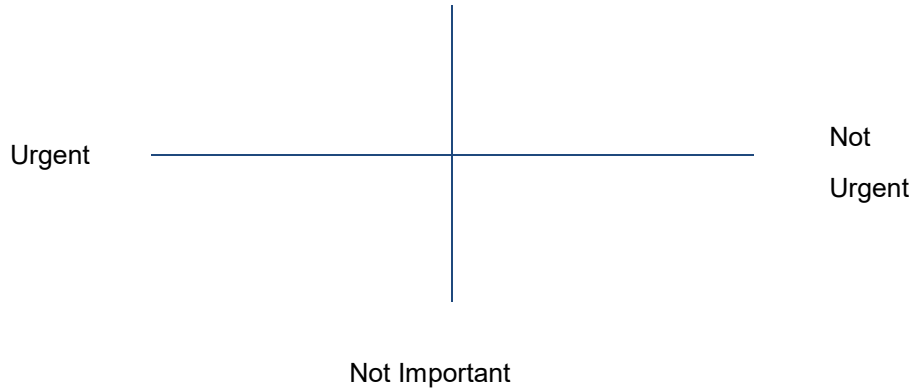
- Negatively: Sloth has its motivation
- Laziness about manual work: physically lethargic
- Laziness about mental work: intellectually prideful
- Laziness about relational work: emotionally withdrawn
- Laziness about intentional planning: volitionally passive

- Positively: Margin has its motivation
- I've learned my limits.
- I am not interested.
- I am guarding my margin.
- I won't be distracted from my priorities

**RESIST:** Do hard things! Rebel against low expectations.

Play foursquare!

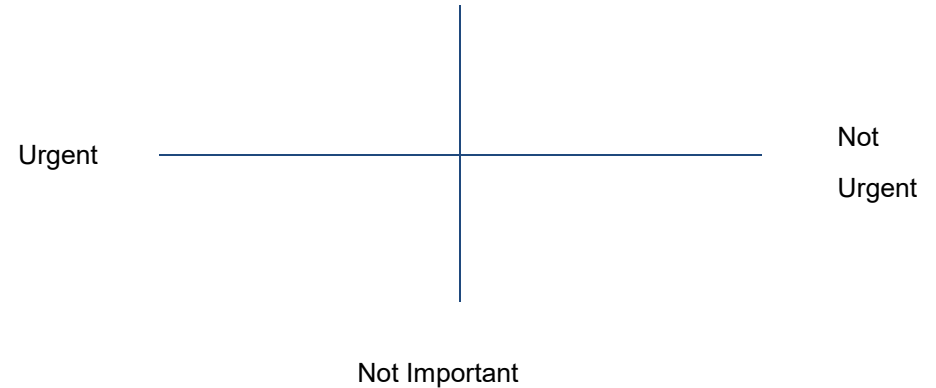
Important



**RESIST:** Do hard things! Rebel against low expectations.

Play foursquare!

Important



**REPLACE:** True humility fires up great ambitions!

Take responsibility for yourself: 2 Tim. 4:5/ Col. 3:17  
Find a need and fill it! Eph. 2:10  
Balance true humility with great ambition: Romans 15:20  
Finish strong! Phil. 3:12

**Discussion Questions:**

What is one slothful sinkhole for me (physical/ intellectual/ relational/ volitional) that steals time and wastes energy?

What is one Quadrant #2 issue (relationships, opportunities, planning) I need to pay attention to today?

Pray this verse over the man to your right, one-by-one:  
(Name ) *“Whatever you do, in word or deed, do everything in the name of the Lord Jesus Christ, giving thanks to God the Father through Him.”*

**REPLACE:** True humility fires up great ambitions!

Take responsibility for yourself: 2 Tim. 4:5/ Col. 3:17  
Find a need and fill it! Eph. 2:10  
Balance true humility with great ambition: Romans 15:20  
Finish strong! Phil. 3:12

**Discussion Questions:**

What is one slothful sinkhole for me (physical/ intellectual/ relational/ volitional) that steals time and wastes energy?

What is one Quadrant #2 issue (relationships, opportunities, planning) I need to pay attention to today?

Pray this verse over the man to your right, one-by-one:  
(Name ) *“Whatever you do, in word or deed, do everything in the name of the Lord Jesus Christ, giving thanks to God the Father through Him.”*