



IronWorks: "Pure Cardio: Exercises for a Healthy Heart"

May 24 & 29, 2019

Teacher: Josh

The Motivated Heart

The Motivated Heart is rooted in _____

◆ _____ Based vs _____ Based

Truths of a _____-motivated heart:

1) The Motivated Heart is _____

2) The Motivated Heart is _____

3) The Motivated Heart is _____, _____

4) The Motivated Heart is _____



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Discussion Questions

1. How have you seen these truths play out in your life?
2. How have you not seen these truths play out in your life?
3. When have you seen yourself motivated by performance and not gratitude? What happens?
4. Which one of these truths do you want to build more into your life? What would that look like?

Save these dates: MEN'S EVENTS!!

- ◆ Friday, **May 31**: REAL MEN PRAY! Every Friday @ 6:30 am, Rm. 114
- ◆ Wed., **June 5**: SUMMER MEN'S SMALL GROUP @ 6:30 pm. Rm. 116
- ◆ Sat., **June 8**: Men SHOOT @ Dakota Gun Club
- ◆ MEN'S SMOKEOUT: Wed., **June 12**: 6:00—8:00 pm.
- ◆ Food (meat!!), games, brotherhood
- ◆ MEN'S CAMPFIRE: Wed., **July 10** @ 7:00 pm.; The Myer's Barn, Elko
Wed., **Aug. 14** @ 7:00 pm.; The Myers Barn, Elko
- ◆ Premiere of the OVERCOMER movie: **Aug. 23**
- ◆ Men's LODGE & Fall kick-off: Fri., **Sept. 13**.
- ◆ Peter Haas as guest speaker

Watch for additional events and more details @ www.bereanbaptist.com or on our Facebook page: Men of Berean

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