

Connecting:

1. Have any of you seen the movie Bridge of Spies before Terry showed the video in the sermon? Have you met anyone similar to the spy who had the ability to not worry?
2. Is there a situation you have been in where you were surprised at how much you did or didn't worry about it?
3. What are some stages of worry a person might go through? What leads to us being worried about something?

Application: There is no circumstance that could happen in your life that God cannot and will not redeem for his glory and your good.

1. Read Exodus 14:1-14. What was Moses' command to the Israelites in verses 13&14?
2. The command, do not fear is the most frequently given command in the bible; why do you think this is?
3. What are some character traits you would expect to see in those who are choosing not to fear? Which of those character traits are evident in your own life? Has anyone pointed them out to you?
4. What did standing firm look like for the Israelites? When it comes to displaying faith when experiencing trials in a secular society what are some ways we can stand firm?
5. Terry highlighted Moses' command to fear not, stand firm, and see. What are ways that you have 'seen' God after choosing to not fear and stand firm?

Application: Solutions to fear: Know God, fix your eyes, rest in His promises, and wait.

1. What are some habits you have formed in order to get into God's word? Have there been any key verses that have helped you overcome fear over the years?
2. Why is it so easy to fix our eyes on the problem and possible things we could do to influence the results? Read psalm 27:14. What is the Psalmist focusing on?
3. Read Lamentations 3:22-24. How does this promise create the ability to rest in the midst of challenges?
4. What's the difference between waiting on the Lord and just simply being forced to wait for results? How would you explain this to a secular friend?